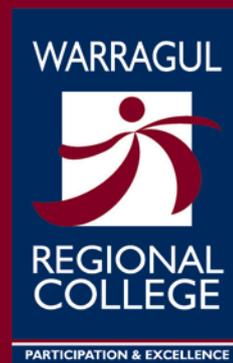


WARRAGUL REGIONAL COLLEGE CANTEEN & HEALTHY FOODS POLICY



(OTHER)

MAY 2008

PURPOSE

To provide an effective canteen service which provides healthy food in a manner that complies with all health regulations and requirements.

GUIDELINES

The provision of an efficient and effective canteen at the school provides opportunities to reinforce healthy eating practices, provides a service for parents wishing to purchase lunches for their children, and presents an opportunity to raise funds for the school.

IMPLEMENTATION

- The *Food Act 1984* requires all premises that sell, prepare, package, store, handle, serve or supply any food for sale be registered as a food premises by the local Council. This includes the school canteen.
- The Warragul Regional College Council currently oversees the management and operation of the school's canteen. The canteen's operation ensures compliance the criteria listed below.
- Warragul Regional College Council operates the canteen to provide a daily lunch order service from the school's existing canteen.
 - A canteen manager will be appointed. The manager will be responsible to the college council through the business manager for all aspects of the canteen operation, will be competent in Food Safety and will be on duty at all times when the canteen is preparing and serving food.
 - The canteen manager will ensure that all health regulations and food preparation requirements are complied with, in particular the '*Food Safety Program for School Canteens*' and '*A Checklist for School Canteen Managers*' contained within the Guidelines for '*Personal Hygiene and Food Safety in Schools*' document must be complied with.
 - If a roster of parent / student volunteers is required, the manager will liaise with the Business Manager to ensure that volunteers fully understand Food Safety procedures.
 - The canteen manager will ensure that all foods served at the canteen comply with the school council's approved healthy foods policy. This policy will based on healthy choices, rather than limited selections.
 - While the canteen will operate as a service to the college community, planning will be on the basis of a financial return equivalent to an outsourced canteen.

WARRAGUL REGIONAL COLLEGE

CANTEEN & HEALTHY

FOODS POLICY



(OTHER)

MAY 2008

EVALUATION

This policy will be reviewed after every two years or sooner if appropriate by negotiation between the Canteen Manager and The Student Wellbeing Committee.

REFERENCES

Exec Memo 2003/017 Guidelines for School Canteens and other School Food Services
Guidelines for Personal Hygiene and Food Safety in Schools – www.foodsafety.vic.gov.au
Vic Govt Schools Reference Guide - www.eduweb.vic.gov.au/referenceguide/pdf/4-4.pdf

HEALTHY FOODS POLICY

PURPOSE

To develop within students an informed appreciation of healthy eating habits and to ensure that any foods provided by the school are consistent with a healthy eating philosophy.

GUIDELINES

Healthy nutritional habits are essential to the growth and development of children.

IMPLEMENTATION

- The development of an appreciation of healthy foods and healthy eating habits form part of our Health Promoting School strategy.
- Lessons relating to healthy foods and healthy eating will form part of the Foods, Health & Physical Education curriculum at all levels
- The school will involve itself in local strategies designed to raise an awareness of, or to promote healthy foods, e.g.: local fruit growing or local dairy industry promotions.
- The school canteen will promote a good selection of nutritious, tasty and attractive foods consistent with the 'Dietary Guidelines for Children and Adolescents.
- The principal will ensure that a supply of drinkable water is available at the school at all times.
- At least once per year the whole school will focus upon a theme of healthy foods.
- Staff members will be encouraged to model healthy eating habits whilst at school.
- Students will have access to their own water bottles during class lessons.

EVALUATION

This policy will be reviewed after one year and then every two years after that.

REFERENCES

- Australian Guide to Healthy Eating - <http://www.health.gov.au/pubhlth/strateg/food/guide/>
- Go for Your Life Website